

East Sussex Cycling Association

2020 President Peter Moon – Eastbourne Rovers CC





Start Sheet

Event Secretary Dave Clark (Eastbourne Rovers CC) 70 Wish Hill, Eastbourne, East Sussex BN20 9HA

Telephone: 01323 506 917 Email: daveron@wishhill.co.uk Mobile: 07855 746 616

Timekeepers Main event Jane Lade (Eastbourne Rovers CC) & Graham Lade (Eastbourne Rovers CC)

Hill Prime Mick Kilby (Lewes Wanderers CC) & Richard Meed (Lewes Wanderers CC)

Event HQ

Bodle Street Green Village Hall, The Causeway, Bodle Street Green, Herstmonceux, East Sussex BN27 4UB – Open from 8am. **Thank you in advance for not wearing cycling shoes or cleats in the hall.**

Car Parking

The village hall car park shares a common entrance with the car park for the White Horse Inn. **Please park only in the village hall spaces which are marked in white.** The White Horse parking spaces are marked in yellow and are not to be used under any circumstances. When the hall car park is full please park sensibly in the road – village hall side only.

Race Numbers

Race Numbers will be available at the event HQ. Please collect your number when you sign on. If pinning your number please only use the eyelets, and please do not use additional pins as it tears the numbers.

Additional Hazards

Notice of any additional hazards to be aware of on the course will be displayed next to the signing on sheet.

Signing Out

Please note that all competitors are required personally to sign the signing out sheet when returning their number. In accordance with CTT regulations, failure to do so will result in the competitor being recorded as DNF.

Horses

Please be aware that this course includes rural lanes that are popular with horse riders. A startled horse can be unpredictable so as you approach please call from a distance to make riders and their horses aware of your presence. Please be prepared to slow down if necessary, to pass safely.

Courtesy to Local Residents

Please show courtesy towards the churchgoers at the Church of St John the Evangelist just before the start, and at the Ebenezer Chapel before the finish.

Start

Proceed out of the car park and turn right. The start is located approximately 300 yards south of the village hall.

Prizes

Cash prizes will be awarded at the HQ immediately following the event.

Prize List

Fastest Overall			
1st	£30.00		
2nd	£25.00		
3rd	£20.00		
4th	£15.00		
5th	£10.00		

Fastest Lady			
1st	£30.00		
2nd	£25.00		

	Fastest Junior
st	£15.00

Fastest Age Category not winning another prize excluding team or prime Under 35 f10 00

Under 35	£10.00
35 – 39	£10.00
40 – 44	£10.00
45 – 49	£10.00
50 – 54	£10.00
55 – 59	£10.00
60 – 64	£10.00
65 and over	£10.00

Fastest Team of 3

1st	£15.00 each
2nd	£10.00 each

Fastest Hill Prime

1st	£15.00
2nd	£10.00
3rd	£5.00

This event is held for and on behalf of Cycling Time Trials under its rules and regulations

Course Details

GS/895 - Bodle Street Green - Windmill Hill - Ashburnham - Woods Corner - Three Cups Corner - Rushlake Green - Bodle Street Green - A271/B0296

OS Ref	Course GS/895	Distance
TQ650142	START at southern end of metal field gate on unclassified road, 95 yards south of Toll Lane and Church of St. John the Evangelist at Bodle Street Green and 27 yards south of derestrict sign	00.00m
TQ678122	Proceed south to Windmill Hill where fork LEFT into Joe's Lane. At junction with A271 by Windmill Garage, turn LEFT and follow A271 through Boreham Street and down the hill to junction with A269 (Check)	03.49m
TQ686136	LEFT , still on A271, and uphill past Kitchenham Farm to next junction signposted Ponts Green and Woods Corner	04.58m
TQ666194	LEFT on unclassified road through Ponts Green to T junction with B2096 at Woods Corner (Check)	08.75m
TQ666194	LEFT and follow B2096 down Carrick's Hill and through Earls Down to Three Cups Corner (Check)	10.79m
TQ627185	LEFT and proceed for 57 yards past telephone box to junction with Middle Lane. LEFT and follow Middle Lane to T Junction at Rushlake Green	11.99m
TQ650148	LEFT and, at corner or Green, continue straight on through what is effectively a minor crossroads formed by road round the Green bearing right and Rookery Lane on the Left. Continue through Great Iwood and past Sandhills Farm and Tiles Farm to FINISH at red paint mark on drain shortly after Ebenezer Chapel on left and 53 yards south of entrance of South Cottage on the Right	15.06m

Competitors must exercise care when

- Joining the A271 at Windmill Hill
- Joining the B2096 at Woods Corner
- Joining Middle Lane (just after turning left at Three Cups Corner)

Road Conditions

In general the course is OK, however there are numerous pot-holes in the road surface at various points around the course. On the upward hill sections these are relatively simple to spot and evade, however on the faster downhill sections please be cautious.

In particular the run downhill from the start to Windmill Hill is in poor condition near the kerb side, but better 1-1.5m away from the roads edge. There are also a number of larger holes immediately after the turn at Three Cups Corner. We will try to mark out significant holes, but due to the high number it will not be possible to mark them all.

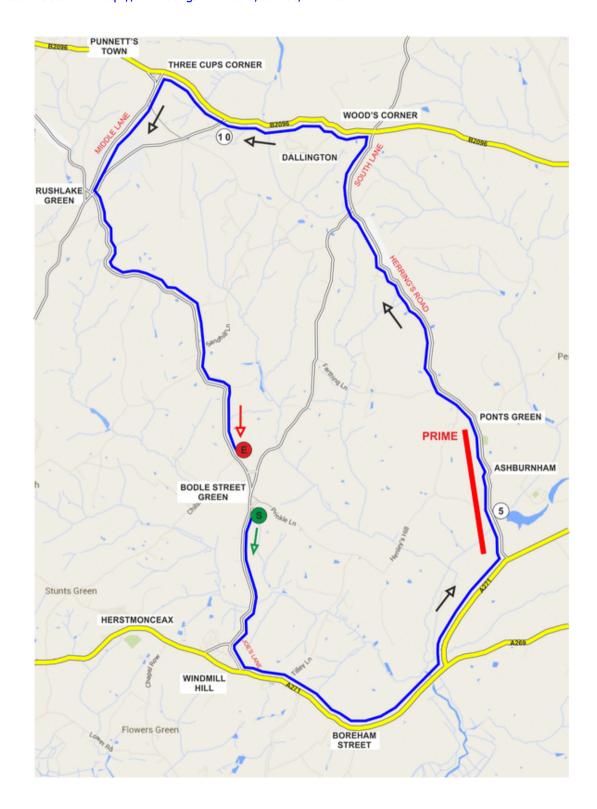
2019 ESCA Presentation

Shortly after the 2020 Hard Riders event and at approximately 11.00AM the 2019 ESCA Trophy Presentation will take place at the Event HQ.

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The course can be viewed or downloaded from

Ride with GPS http://ridewithgps.com/routes/4132034
Garmin Connect http://connect.garmin.com/course/5827552



Hill Prime

This is on the unclassified road between the left turn from the A271 and Ponts Green. It is approximately 1 mile in length and includes Agony Hill. The start of the hill prime will be indicated by a blue flag and finish by a white flag.

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Please pay attention to the following CTT regulations/recommendations

- **Helmets** CTT regulations require the compulsory use of helmets for the under 18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.
- Parental Consent Forms All riders under 18 download a parental consent when they enter online. The form must be completed and brought with you on the day. Please hand it in before signing on.
- **Lights** No competitor shall be permitted to start the event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users. NOTE THIS IS A NEW REGULATION FOR 2020
- Warming up Competitors are requested not to warm up on the course after the first rider has started.
- Competitors' Vehicles No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity
 of the start or finish.
- Official Observers Official observers will be stationed around the course.
- Results No times will be given out at the finish.
- Race Numbers The race number is made of fluorescent material which
 is an important safety feature. It is essential that it is placed correctly
 for maximum visibility to other road users and of course the
 timekeepers. No time may be recorded if number is not correctly
 positioned.



• **Signing Out** Please note competitors must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must return their race number and sign the official signing out sheet. A rider who fails to so sign the official signing out sheet shall be recorded as DNF.

This is a qualifying event for

- **ESCA Points Competition** Overall, 30 points for 1st place down to 1 point for 30th place and Ladies 10 points for 1st place down to 1 point for 10th place for first claim riders from ESCA affiliated clubs. The individual points earned by each rider are totalled and awarded to their respective club.
- **ESCA Trophies** The fastest rider from an ESCA affiliated club will be awarded the Page Tankard at the annual prize presentation.
- Sussex SPOCO 120 points for 1st place down to 1 point for 120th place for first claim riders from Sussex CA affiliated clubs.

Keep up to date with what's going on with time trialling in Sussex ...

There are a range of competitions run by local Associations so, if your club is affiliated, and you're riding ESCA or SCA events, the chances are you'll automatically be included in a competition that you might not necessarily be aware of! Why not take a moment to familiarise yourself with what's on offer for individual riders and their affiliated clubs to add a bit of interest and friendly rivalry between riders and clubs. Regular competition updates, and a whole lot more, are posted throughout the season on the Association websites and Facebook groups

East Sussex CA Website www.eastsussexca.org.uk/

Facebook Group www.facebook.com/groups/EastSussexCA/

Sussex CA Website www.sussexca.org.uk/

Facebook Group www.facebook.com/groups/SussexCA/

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Order of Start

Race No.	Start Time	Rider	Club	Cat	Age
1	09:01	Peter Moon	Eastbourne Rovers CC Eastbourne Rovers CC	V	59
2	09:02		Edstaddine Novers ee		
		Sam Winter		S	33
3	09:03	Matthew Woods	Eastbourne Rovers CC	V	48
4	09:04	David Clark	Eastbourne Rovers CC	V	51
5	09:05	Chris Parker	Hastings & St. Leonards CC	V	64
6	09:06	Charles Sheldon	Hastings & St. Leonards CC	V	56
7	09:07	Richard Frost	Lewes Wanderers CC	V	49
8	09:08	Vince Todd	Hastings & St. Leonards CC	V	52
9	09:09	James Norrell-goldsmith	Eastbourne Rovers CC	S	31
10	09:10	Chris Piper	Eastbourne Rovers CC	V	54
11	09:11	Craig Edkins	Eastbourne Rovers CC	V	54
12	09:12	Michael Terrington	Brighton Mitre CC	S	36
13	09:13	Kate Thomas	Lewes Wanderers CC	WV	40
14	09:14	Anita Turner	Eastbourne Rovers CC	WV	49
15	09:15	Olivia Webb	Eastbourne Rovers CC	WV	51
16	09:16	Anna Dwyer	Lewes Wanderers CC	WS	25
17	09:17	Greg Blackwell	Hastings & St. Leonards CC	V	71
18	09:18	David Wilkins	Lewes Wanderers CC	V	60
19	09:19	Alan Pearce	Eastbourne Rovers CC	V	60
20	09:20	Kevin Burton	Eastbourne Rovers CC	V	64
21	09:21	Martin Yardley	Southborough & Dist. Whs	V	54
22	09:22	Jonathan Molton	Hastings & St. Leonards CC	V	52
23	09:23	Billy Gilbey	VC de Londres	Jn	16
24	09:24	Ivan Johnson	Hastings & St. Leonards CC	V	51
25	09:25	Mark Edleston	Lindfield Coffee Works	V	46
26	09:26	Vincent Busk	Lewes Wanderers CC	V	69
27	09:27	Adam Rogers	Eastbourne Rovers CC	V	45
28	09:28	Bruce English	Eastbourne Rovers CC	V	55
29	09:29	Tobias Bunyan	Eastbourne Rovers CC	V	45
30	09:30	Darren Brockhurst	Lewes Wanderers CC	V	48
31	09:31	Richard Burchett	Lewes Wanderers CC	V	48
32	09:32	Dan Street	Lewes Wanderers CC	V	46
33	09:33	Sam Dix	trainSharp	V	48
34	09:34	Daniel Ellis	Eastbourne Rovers CC	S	39
35	09:35	George Marshall	Hastings & St. Leonards CC	S	38
36	09:36	lain Brogden	Eastbourne Rovers CC	V	50
37	09:37	Chris Beales	Pearson Cycling Club	V	58
38	09:38	Matt Chipping	Clapham Chasers	S	27

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Race No.	Start Time	Rider	Club	Cat	Age
39	09:39	Nathan Russell	trainSharp	S	31
40	09:40	Peter Baker	Lewes Wanderers CC	V	61
41	09:41	Mark Edwards	Eastbourne Rovers CC	V	45
42	09:42	George Welfare	Eastbourne Rovers CC	S	34
43	09:43	Robert Rollings	Lewes Wanderers CC	S	33
44	09:44	David Clements	Eastbourne Rovers CC	V	48
45	09:45	Tom Hilder	trainSharp	S	31
46	09:46	Nick Dwyer	Lewes Wanderers CC	V	56
47	09:47	Tom Portsmouth	Charlotteville Cycling Club	Е	18
48	09:48	William Murtagh	FTP (Fulfil The Potential) Racing	S	22
49	09:49	Howard Shaw	trainSharp	S	34
50	09:50	Pete Morris	Team TMC	V	41

Field Placement

With adjustments for early starts and travelling arrangements, the field has generally been set slowest to fastest to prevent too much fragmentation over a sporting course, and in accordance with Regulation 27 (h): Only riders listed on the start sheet shall be allowed to compete. Save as otherwise provided, the Event Secretary shall have discretion to arrange the starting order as they wish bearing in mind the characteristics of their event and the need to avoid company riding as far as possible.